

THE NEW SAINTS

WOMEN

OFFICIAL MATCH PROGRAMME



genero  ADRAN
PREMIER

v CARDIFF CITY
GENERO ADRAN PREMIER
SUNDAY 15 FEBRUARY 2026 • 2:00PM

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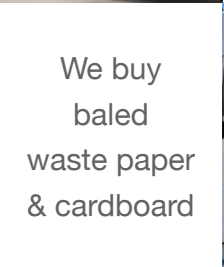
National
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container or
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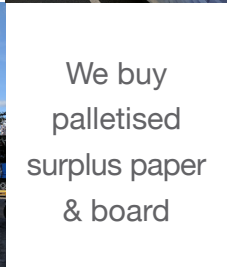
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WHAT'S INSIDE

05 CAPTAIN'S COLUMN

06 FLASHBACK

08 HEAD COACH

13 MATCHDAY POSTER

14 MEET THE SQUAD

17 2025/26 STATISTICS

20 TODAY'S TEAMS



05

Yasmin Evans Ahead of today's game against the Bluebirds, hear from club captain Yas.



08

Kieran Lee-Birch Read the latest pre-match insight from the Saints' head coach.



13

Matchday poster A new poster in every issue for you to download throughout the season.



19

Stats Goals. Apps. Tables. Fixtures. Essential reading ahead of today's Adran Premier fixture.

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Club Secretary: Jacob Williams **Head Coach:** Kieran Lee-Birch
Media and Communications Officer: Sam Wood

WITH THANKS TO

Brian Jones, Andrew Donnison, Football Association of Wales, Sam Eaden, Craig Thomas and John Smith.

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YASMIN EVANS

CAPTAIN'S COLUMN

AFTER FACING CARDIFF CITY FOUR TIMES ALREADY IN LEAGUE AND CUP ACTION, YAS IS EXPECTING ANOTHER COMPETITIVE GAME

Good afternoon and welcome back to Park Hall for the start of phase two. It's great to see you here again, and on behalf of the squad, thank you for your continued support throughout the season. Your backing at home really does make a difference to us.

Securing a top-four finish moving into phase two was one of our key targets at the start of the campaign. After achieving that last season, we set out to push ourselves even further this year and continue building on our points total and overall performances. The hard work that's gone in from everyone has put us in a strong position, but we know there is still plenty more to come from this group.

Reflecting on last weekend's game against Cardiff City in the Bute Energy Welsh Cup, we were obviously disappointed with the result. It was a tough fixture against a strong and competitive side, and although we created moments and stuck together throughout, the fine margins didn't go our way. At this level, those details matter, and we know we need to be sharper and more clinical in key areas.

Since then, the focus in training has been really positive. The group have worked hard, shown real togetherness, and approached the week with the right mentality. We've reviewed the performance honestly, taken the lessons from it, and are determined to respond in the right way.

We've already faced Cardiff four times this season



The Saints secured a 2-0 victory against Aberystwyth Town in their last home game three weeks ago.

across league and cup competition, with each game presenting a different challenge. The results - a win, a draw and two defeats - show how competitive these fixtures are. We know what they bring, and we're ready for another intense battle this afternoon.

Phase two is an exciting stage of the season, where every game carries real significance. We want to keep pushing our standards higher, perform with consistency, and compete strongly against the top sides in the league.

Thank you again for your continued support. We're ready to give everything out there today and look forward to putting in a performance you can be proud of.

Enjoy the game!





A TOUGH AFTERNOON IN THE CAPITAL...

It was a difficult result in the capital last weekend, as The New Saints suffered a 3-0 defeat against Cardiff City in the Bute Energy Welsh Cup. The quarter-final tie got off to the worst possible start with less than three minutes on the clock as Ffion Price scored directly from a corner to give the Bluebirds the lead. Kieran Lee-Birch's side rode their luck at times throughout the first-half, but went in at the break trailing by just one goal. In the 64th minute, the visitors had a golden chance to equalise from the penalty spot when Caitlin Chapman was fouled by Shannon Evans. Lia Lewis stepped up to take it, but dragged the effort wide of the left post. The home side took full advantage from that point, with Nieve Jenkins and Laura Curnock both scoring in quick succession to book Cardiff's place in the semi-final. The Saints will look to bounce back here today as the two sides meet in league action.

KIERAN LEE-BIRCH

THE SAINTS' HEAD COACH IS TARGETING A STRONG START TO
PHASE TWO AS HIS SIDE WELCOME CARDIFF CITY TO PARK HALL

Good afternoon and welcome back to Park Hall for our first Championship Conference fixture in the Genero Adran Premier. As always, we're grateful for your continued support, and I'd also like to extend a warm welcome to everyone connected with Cardiff City joining us today.

Last Sunday's 3-0 defeat against the Bluebirds in the Bute Energy Welsh Cup was a disappointing one for us. We went into the tie with real belief, but on the day we weren't able to produce the level required in key moments. Credit to Cardiff, who were clinical and managed the game well.

For us, it was a reminder of the standards demanded in big fixtures and the importance of being sharp in both boxes. We've reviewed the performance honestly this week, and the focus has been on learning quickly and responding positively.

Prior to that result, we put together two strong league performances, earning 2-0 and 8-0 victories against Aberystwyth Town and Pontypridd United.

Those wins were important for several reasons, as not only did they show our discipline and

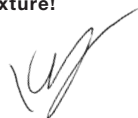
control, but more importantly they secured our place in the top four as we entered phase two. That was a key objective, and the players deserve credit for the consistency and application they showed to achieve it.

Now the challenge shifts, with phase two bringing a different intensity, and every fixture carrying added significance. Starting today against Cardiff presents another opportunity to test ourselves against top opposition and demonstrate our progress. We know the margins are fine at this level, and our focus is on managing moments better, showing composure in possession, and being ruthless when chances come.

I'm also pleased to welcome two new additions to the squad. Defender Natasha Shepley joins us from Cheadle Town Stingers, bringing strength and experience to our back line, while goalkeeper Orla Howard arrives on loan from West Bromwich Albion. Both have settled in well and have added healthy competition and quality to the group.

Thank you once again for your fantastic support, it never goes unnoticed by the players or staff.

Let's make Park Hall a positive, energetic place this afternoon. Get right behind the team, and give them the lift they need in what promises to be a competitive fixture!






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2025/26 POSTER
MATILDA EDGE

THE SQUAD 2025/26

GOALKEEPER



1

**MACKENZIE
HAYDN-JONES**

Born: 17 August 2004
Nationality: English
TNS apps/goals: 26/0

MIDFIELDER



3

**ZARA
GIBBS**

Born: 2 March 2004
Nationality: English
TNS apps/goals: 18/5

MIDFIELDER



8

**KELSEY
RICHARDSON**

Born: 18 February 1999
Nationality: English
TNS apps/goals: 16/0

GOALKEEPER



13

**ORLA
HOWARD**

Born: 16 January 2008
Nationality: Welsh
TNS apps/goals: 1/0

GOALKEEPER



22

**MEGAN
BOWEN**

Born: 30 May 2008
Nationality: Welsh
TNS apps/goals: 6/0

MIDFIELDER



10

**LEXIE
HARRISON**

Born: 21 January 2002
Nationality: English
TNS apps/goals: 49/18

MIDFIELDER



11

**LEXI
JONES**

Born: 9 June 2007
Nationality: Welsh
TNS apps/goals: 39/14

DEFENDER



4

**MIA
DAVIES**

Born: 25 February 2008
Nationality: Welsh
TNS apps/goals: 24/0

DEFENDER



5

**TIGGY
WEBB**

Born: 22 February 2002
Nationality: English
TNS apps/goals: 45/8

MIDFIELDER



14

**LIA
LEWIS**

Born: 31 October 1996
Nationality: Welsh
TNS apps/goals: 117/12

MIDFIELDER



15

**YASMIN
EVANS**

Born: 12 November 2001
Nationality: English
TNS apps/goals: 10/1

DEFENDER



6

**KAY
BAKER**

Born: 4 January 1997
Nationality: English
TNS apps/goals: 39/7

DEFENDER



7

**GRACE
DUNKERLEY**

Born: 27 September 2006
Nationality: Welsh
TNS apps/goals: 50/5

FORWARD



9

**CHANTELLE
TEARE**

Born: 25 May 2001
Nationality: English
TNS apps/goals: 85/44

FORWARD



17

**CAITLIN
CHAPMAN**

Born: 3 July 2003
Nationality: Gibraltar
TNS apps/goals: 104/40

DEFENDER



16

**MATILDA
EDGE**

Born: 2 August 2007
Nationality: English
TNS apps/goals: 53/1

DEFENDER



21

**SAFIA
PARAISO**

Born: 23 July 2003
Nationality: English
TNS apps/goals: 8/0

FORWARD



18

**AMBER
LIGHTFOOT**

Born: 8 October 2002
Nationality: English
TNS apps/goals: 3/0

FORWARD



19

**CHARLOTTE
CREES**

Born: 12 April 2006
Nationality: English
TNS apps/goals: 15/4

DEFENDER

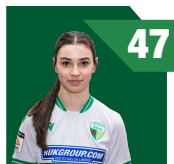


26

**NATASHA
SHEPLEY**

Born: 05 February 2004
Nationality: English
TNS apps/goals: 0/0

DEFENDER



47

**AVA
HOMER**

Born: 20 October 2008
Nationality: English
TNS apps/goals: 1/0

FORWARD



20

**GRACE
THOMAS**

Born: 15 September 2008
Nationality: English
TNS apps/goals: 11/1

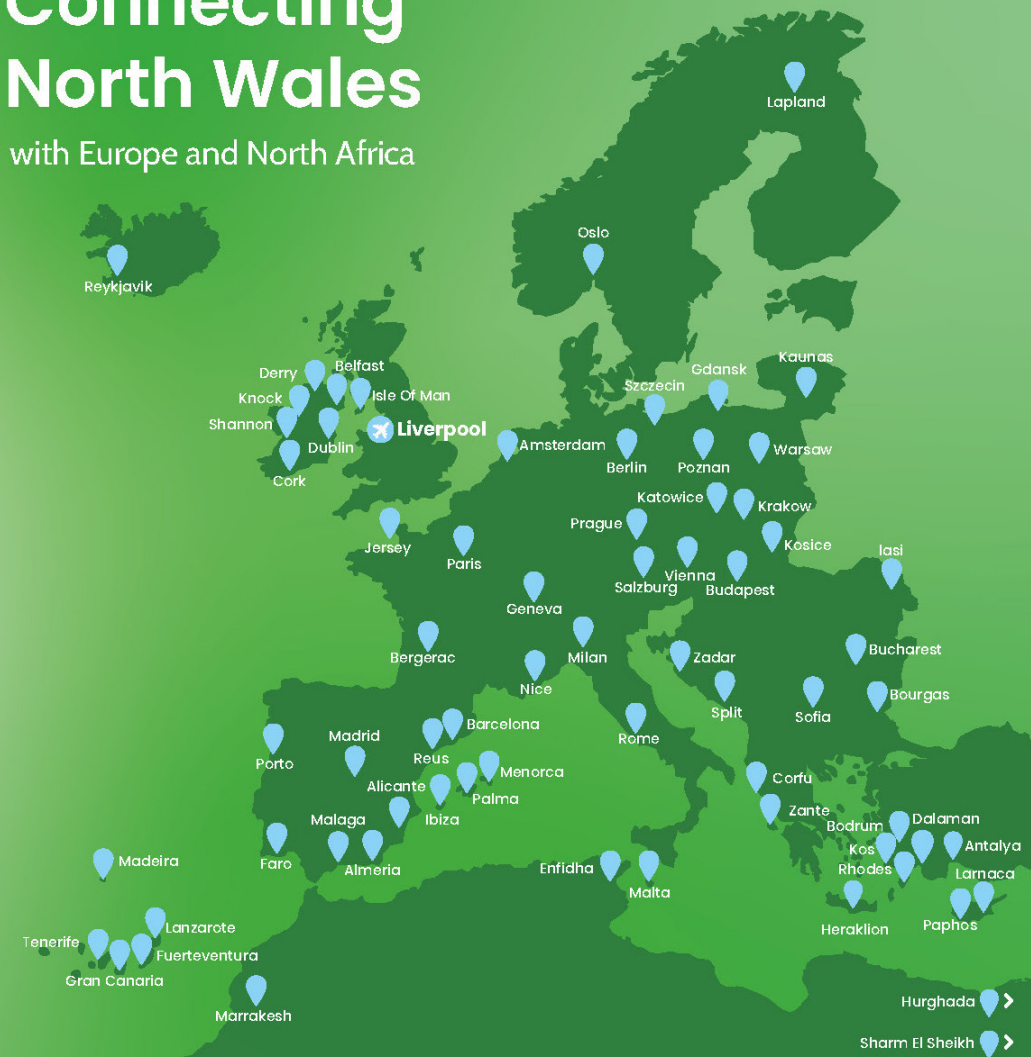
FORWARD



23

**OLIVIA
BUCKLAND**

Born: 08 March 2007
Nationality: English
TNS apps/goals: 31/5



STATS

AT THE BACK

GOALS. APPS. TABLES. FIXTURES

• **GENERO ADRAN PREMIER TABLE, 2025/26**

TEAM	P	W	D	L	GD	PTS
1 Cardiff City	14	11	2	1	40	35
2 Wrexham	14	11	1	2	30	34
3 Swansea City	14	10	0	4	28	30
4 THE NEW SAINTS	14	7	2	5	12	23
5 Brifon Ferry Llansawel	14	5	1	8	-8	16
6 Aberystwyth Town	14	4	1	9	-17	13
7 Barry Town United	14	4	1	9	-25	13
8 Pontypridd United	14	0	0	14	-60	0



• **ADRAN PREMIER TOP SCORERS, 2025/26**

Katie Barker (Wrexham)	15
Chloe Chivers (Swansea City)	14
Laura Curnock (Cardiff City)	11
Aimee Deacon (Swansea City)	10
Caitlin Chapman (The New Saints)	9
Madison Lloyd (Cardiff City)	9
Mackenzie Olden (Cardiff City)	9
Rosie Hughes (Wrexham)	9

- **ADRAN PREMIER TOP ASSISTS, 2025/26**

Mikayla Cook (Cardiff City)	10
Mackenzie Olden (Cardiff City)	8
Taite Trivett (Swansea City)	8
Megan Kearle (Briton Ferry Llansawel)	7
Ava Suckley (Wrexham)	6
Katie Barker (Wrexham)	6

• THE NEW SAINTS APPEARANCES AND GOALS, 2025/26

PLAYER	ADRAN PREMIER		ADRAN TROPHY		WELSH CUP		TOTAL	
	APP	GLS	APP	GLS	APP	GLS	APP	GLS
Kay Baker	12(2)	4	2	0	3	1	17(2)	5
Megan Bowen	2	0	0	0	0	0	2	0
Olivia Buckland	1(6)	0	1(1)	0	2(2)	1	3(9)	1
Caitlin Chapman	13(2)	9	1(1)	0	3	4	17(3)	13
Charlotte Crees	4(8)	1	1	2	1(1)	1	6(9)	4
Mia Davies	12(2)	0	2	0	2	0	16(2)	0
Grace Dunkerley	7(2)	0	1	0	3	0	11(2)	0
Matilda Edge	2(5)	0	0(2)	0	2(1)	0	4(8)	0
Becca Elliott	4	0	0	0	0	0	4	0
Yasmin Evans	1(5)	0	0(1)	0	1(2)	1	2(8)	1
Maria Francis-Jones	14	1	2	1	1(1)	3	17(1)	5
Zara Gibbs	11(3)	3	1(1)	0	2	0	14(4)	5
Lexie Harrison	9(2)	4	1	1	1(1)	1	11(3)	6
M. Haydn-Jones	6	0	2	0	1	0	9	0
Ava Homer	0	0	0	0	0(1)	0	0(1)	0
Orla Howard	0	0	0	0	1	0	1	0
Lexi Jones	6(4)	0	0(2)	1	1	0	7(6)	2
Soffia Jones	0(1)	0	0	0	0	0	0(1)	0
Lia Lewis	15	2	2	0	3	0	20	2
Amber Lightfoot	2(1)	0	0	0	0	0	2(1)	0
Safia Paraiso	2(4)	0	1	0	1	0	4(4)	0
Kelsey Richardson	14(1)	0	1(1)	0	1(1)	0	16(3)	0
Charlie Scott	3(1)	0	0	0	1	0	4(1)	0
Chantelle Teare	12	6	1	0	1	0	14	6
Grace Thomas	0(8)	1	1	0	0(2)	0	1(10)	1
Tiggy Webb	14(1)	1	1(1)	0	3	5	17(2)	6

- **ALL-TIME RECORDS: GAMES**

	APPS
Lia Lewis	117
Caitlin Chapman	104
Helen Evans	89
Chantelle Teare	85
Beth Lewis	72
Emily Ridge	70
Tia Lockley	61
Matilda Edge	53
Izzy Redding	50
Lexie Harrison	50
Grace Dunkerley	50
Tiggy Webb	46
Sarah Parkes	45
Nicole Samson	45
Maria Francis-Jones	45
Lexi Jones	39
Kay Baker	39
Lucie Platt	38
Evie Williams	37
Jen Jarvie	32

- **ALL-TIME RECORD: GOALS**

	GLS
Chantelle Teare	44
Caitlin Chapman	40
Emily Ridge	34
Lexie Harrison	19
Helen Evans	17
Lexi Jones	14
Beth Lewis	13
Lia Lewis	11
Maria Francis-Jones	10
Lucie Platt	9
Tiggy Webb	8
Dani Staley	7
Georgia Griffiths	7
Izzy Redding	7
Kay Baker	7
Ella Hartley	6
Molly Havard	5
Grace Dunkerley	5
Olivia Buckland	5
Zara Gibbs	5



FIXTURES & RESULTS

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COMPETITION	DATE	OPPOSITION	SCORE	LINE-UP	SUBS USED
SEPTEMBER					
GAP	Sun 7	Cardiff City (H) 5:35pm	1-0	Elliott Edge Webb Baker Francis-Jones Lewis Richardson Lightfoot L. Jones Harrison	Teare
GAP	Sun 14	Aberystwyth Town (A) 2pm	0-1	Elliott Edge Webb Baker Francis-Jones Lewis Richardson Lightfoot L. Jones Harrison	Teare
GAP	Sun 21	Wrexham (H) 2pm	4-2	Elliott Davies Webb Baker Francis-Jones Lewis Richardson	Chapman 2 Gibbs Harrison Teare
GAP	Sun 28	Briton Ferry Llansawel (A) 2pm	1-3	Elliott Davies Webb Harrison Francis-Jones Lewis Richardson	Chapman Gibbs Crees Teare
OCTOBER					
GAP	Sun 05	Pontypridd United (H) 2pm	6-1	Haydn-Jones Davies Webb Paraiso Francis-Jones Lewis Richardson	Baker Chapman 2 Gibbs Teare 2
GAP	Sun 12	Swansea City (H) 2pm	1-2	Haydn-Jones Paraiso Webb Baker Francis-Jones Lewis Richardson	Chapman Gibbs Harrison Teare
GAP	Sun 26	Barry Town United (A) 2pm	4-2	Scott Davies Webb Baker Francis-Jones Lewis Richardson	L. Jones Gibbs Crees Teare
NOVEMBER					
GAP	Sun 02	Wrexham (A) 2pm	0-2	Haydn-Jones Davies Webb Baker Francis-Jones Lewis Richardson	Chapman Gibbs Crees Teare
GAT	Sun 09	Llanfair United (A) 2pm	5-4	Haydn-Jones Davies Paraiso Baker Francis-Jones Lewis Richardson	L. Jones Harrison Crees 2 Thomas
GAP	Sun 16	Briton Ferry Llansawel (H) 2pm	3-2	Haydn-Jones Davies Webb Dunkerley Francis-Jones Lewis Richardson	Chapman Gibbs Harrison Teare
BEC	Sun 23	Bangor (H) 2pm	10-0	Haydn-Jones Paraiso Webb 4 Baker Edge Lewis Harrison	Dunkerley Gibbs Crees Chapman 3
GAP	Sun 30	Cardiff City (A) 2pm	3-3	Haydn-Jones Davies Webb Baker Francis-Jones Lewis Richardson	Dunkerley Gibbs Harrison Chapman
DECEMBER					
GAP	Sun 07	Barry Town United (H) 2pm	1-1	Scott Davies Webb Baker Francis-Jones Lewis Richardson	Dunkerley Gibbs Harrison Chapman
GAT	Sun 14	Pontypridd United (H) 2pm	5-1	Scott Davies Webb Baker Francis-Jones Lewis Richardson	Dunkerley Crees Harrison Chapman
BEC	Sun 21	Cambrian United (A) 2pm	7-0	Scott Davies Webb Baker Francis-Jones 2 Lewis Edge	Dunkerley Paraiso Buckland Chapman
JANUARY					
GAP	Wed 14	Swansea City (A) 7:45pm	0-3	Haydn-Jones Davies Webb Baker Francis-Jones Lewis Richardson	Dunkerley L. Jones Chapman Teare
GAT	Sun 18	Cardiff City (H) 2pm	0-3	Haydn-Jones Davies Webb Baker Francis-Jones Lewis Richardson	Dunkerley Gibbs Chapman Teare
GAP	Sun 25	Aberystwyth Town (H) 5:10pm	2-0	Bowen Davies Gibbs Baker Francis-Jones Lewis Richardson	Dunkerley L. Jones Chapman Teare
FEBRUARY					
GAP	Sun 01	Pontypridd United (A) 5:10pm	8-0	Bowen Davies Webb Evans Gibbs Lewis Buckland	Dunkerley L. Jones Chapman 2 Teare 2
BEC	Sun 08	Cardiff City (A) 2pm	0-3	Howard Davies Webb Baker Gibbs Lewis Richardson	Dunkerley L. Jones Chapman Teare
GAP	Sun 15	Cardiff City (H) 2pm			
MARCH					
GAP	Sun 01	Swansea City (H) 2pm			
GAP	Sun 15	Wrexham (A) 2pm			
GAP	Sun 22	Wrexham (H) 2pm			
GAP	Sun 29	Swansea City (A) 2pm			
APRIL					
GAP	Sun 05	Cardiff City (A) 4:45pm			



KEY: GAP - Genero Adran Premier GAT - Genero Adran Trophy BEC - Bute Energy Welsh Cup Scorers **Bold**
Penalty * *won/lost on penalties Subs used: 1st 2nd 3rd 4th 5th Yellow/red card

(The New Saints' score listed first. All fixtures subject to change - visit tnsfc.co.uk for the latest fixture information)



THE NEW SAINTS WOMEN

Head Coach: Kieran Lee-Birch

Mackenzie Haydn-Jones (GK)	1	☐
Zara Gibbs	3	☐
Mia Davies	4	☐
Tiggy Webb	5	☐
Kay Baker	6	☐
Grace Dunkerley	7	☐
Kelsey Richardson	8	☐
Chantelle Teare	9	☐
Lexie Harrison	10	☐
Lexi Jones	11	☐
Orla Howard (GK)	13	☐
Lia Lewis	14	☐
Yasmin Evans	15	☐
Matilda Edge	16	☐
Caitlin Chapman	17	☐
Amber Lightfoot	18	☐
Charlotte Crees	19	☐
Grace Thomas	20	☐
Safia Paraiso	21	☐
Megan Bowen (GK)	22	☐
Olivia Buckland	23	☐
Natasha Shepley	26	☐
Ava Homer	47	☐

CARDIFF CITY WOMEN



Manager: Iain Darbyshire

☐	1	Ceryn Chamberlain (GK)
☐	2	Lisa Owen
☐	3	Ffion Price
☐	4	Hannah Power
☐	5	Nieve Jenkins
☐	6	Megan Bowen
☐	7	Laura Curnock
☐	8	Fiona Barry
☐	9	Mackenzie Olden
☐	10	Kerry Walklett
☐	12	Grace Olsen (GK)
☐	13	Scarlett Baker-Perry
☐	14	Shannon Evans
☐	15	Maddison Perrott
☐	16	Seren Thomas
☐	17	Hollie Smith
☐	18	Lily Billingham
☐	19	Madison Lloyd
☐	21	Mikayla Cook
☐	22	Amy Long
☐	24	Helen Evans

MATCH OFFICIALS

Referee: **James Walker** • Assistants: **Katie Hannah, Ryan Hughes**
Fourth official: **Mark James**